

January 2010 Snack Menu

Menu subject to change without notice. Cooking project can occur any day of the week resulting in a snack change. All snacks include water unless otherwise noted.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 CLOSED 	2
3	4 Birthday Cake 	5 A.M.=Grain Group P.M.=Fruit Group	6 A.M.= Grain Group P.M. Vegetable Group	7 A.M.= Fruit P.M.=Grain Group	8 A.M.=Vegetable Group P.M.=Grain Group	9
10	11 A.M.=Vegetable Group P.M.=Grain Group	12 A.M.=Grain Group P.M.=Fruit Group	13 A.M.= Grain Group P.M. Vegetable Group	14 A.M.= Fruit P.M.=Grain Group	15 A.M.=Vegetable Group P.M.=Grain Group	16
17	18 A.M.=Vegetable Group P.M.=Grain Group	19 A.M.=Grain Group P.M.=Fruit Group	20 A.M.= Grain Group P.M. Vegetable Group	21 A.M.= Fruit P.M.=Grain Group	22 A.M.=Vegetable Group P.M.=Grain Group	23
24/31	25 A.M.=Vegetable Group P.M.=Grain Group	26 A.M.=Grain Group P.M.=Fruit Group	27 A.M.= Grain Group P.M. Vegetable Group	28 A.M.= Fruit P.M.=Grain Group	29 A.M.=Vegetable Group P.M.=Grain Group	30

February 2010 Snack Menu

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 Birthday Cake 	2 A.M.=Grain Group P.M.=Fruit Group	3 A.M.= Grain Group P.M. Vegetable Group	4 A.M.= Fruit P.M.=Grain Group	5 A.M.=Vegetable Group P.M.=Grain Group	6
7	8 A.M.=Vegetable Group P.M.=Grain Group	9 A.M.=Grain Group P.M.=Fruit Group	10 A.M.= Grain Group P.M. Vegetable Group	11 A.M.= Fruit P.M.=Grain Group	12  Valentine's Day Party	13
14	15 Presidents Day Day CLOSED	16 A.M.=Grain Group P.M.=Fruit Group	17 A.M.= Grain Group P.M. Vegetable Group	18 A.M.= Fruit P.M.=Grain Group	19 A.M.=Vegetable Group P.M.=Grain Group	20
21	22 A.M.=Vegetable Group P.M.=Grain Group	23 A.M.=Grain Group P.M.=Fruit Group	24 A.M.= Grain Group P.M. Vegetable Group	25 A.M.= Fruit P.M.=Grain Group	26 A.M.=Vegetable Group P.M.=Grain Group	27
28						

March 2010 Snack Menu

Menu subject to change without notice. Cooking project can occur any day of the week resulting in a snack change. All snacks include water unless otherwise noted

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 Birthday Cake 	2	3	4	5	6
7	8 A.M.=Vegetable Group P.M.=Grain Group	9 A.M.=Grain Group P.M.=Fruit Group	10 A.M.=Vegetable Group P.M.=Grain Group	11 A.M.=Grain Group P.M.=Fruit Group	12 A.M.=Vegetable Group P.M.=Grain Group	13
14  Daylight Savings Begins	15 A.M.=Vegetable Group P.M.=Grain Group	16 A.M.=Grain Group P.M.=Fruit Group	17  Saint Patrick's Day Party	18 A.M.=Grain Group P.M.=Fruit Group	19 A.M.=Vegetable Group P.M.=Grain Group	20  Happy Spring
21	22 A.M.=Vegetable Group P.M.=Grain Group	23 A.M.=Grain Group P.M.=Fruit Group	24 A.M.=Vegetable Group P.M.=Grain Group	25 A.M.=Grain Group P.M.=Fruit Group	26 A.M.=Vegetable Group P.M.=Grain Group	27
28	29 A.M.=Vegetable Group P.M.=Grain Group	30 A.M.=Grain Group P.M.=Fruit Group	31 A.M.=Vegetable Group P.M.=Grain Group			



April 2010 Snack Menu

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 Birthday Cake 	2 Easter Party 	3
4 Happy Easter 	5 A.M.=Vegetable Group P.M.=Grain Group	6 A.M.=Grain Group P.M.=Fruit Group	7 A.M.=Vegetable Group P.M.=Grain Group	8 A.M.=Grain Group P.M.=Fruit Group	9 A.M.=Vegetable Group P.M.=Grain Group	10
11	12 A.M.=Vegetable Group P.M.=Grain Group	13 A.M.=Grain Group P.M.=Fruit Group	14 A.M.=Vegetable Group P.M.=Grain Group	15 Income Tax Day A.M.=Grain Group P.M.=Fruit Group	16 A.M.=Vegetable Group P.M.=Grain Group	17
18	19 A.M.=Vegetable Group P.M.=Grain Group	20 A.M.=Grain Group P.M.=Fruit Group	21 A.M.=Vegetable Group P.M.=Grain Group	22 Earth Day A.M.=Grain Group P.M.=Fruit Group	23 A.M.=Vegetable Group P.M.=Grain Group	24
25	26 A.M.=Vegetable Group P.M.=Grain Group	27 A.M.=Grain Group P.M.=Fruit Group	28 A.M.=Vegetable Group P.M.=Grain Group	29 A.M.=Grain Group P.M.=Fruit Group	30 A.M.=Vegetable Group P.M.=Grain Group	



May 2010 Snack Menu

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
2	3 Birthday Cake 	4 Teacher Day A.M.=Grain Group P.M.=Fruit Group	5 Cinco de Mayo 	6 Mother's Day Lunch A.M.=Grain Group P.M.=Fruit Group	7 A.M.=Vegetable Group P.M.=Grain Group	8
9 Happy Mother's Day 	10 A.M.=Vegetable Group P.M.=Grain Group	11 A.M.=Grain Group P.M.=Fruit Group	12 A.M.=Vegetable Group P.M.=Grain Group	13 A.M.=Grain Group P.M.=Fruit Group	14 A.M.=Vegetable Group P.M.=Grain Group	15 Armed Forces Day
16	17 A.M.=Vegetable Group P.M.=Grain Group	18 A.M.=Grain Group P.M.=Fruit Group	19 A.M.=Vegetable Group P.M.=Grain Group	20 A.M.=Grain Group P.M.=Fruit Group	21 A.M.=Vegetable Group P.M.=Grain Group	22
23	24 A.M.=Vegetable Group P.M.=Grain Group	25 A.M.=Grain Group P.M.=Fruit Group	26 A.M.=Vegetable Group P.M.=Grain Group	27 A.M.=Grain Group P.M.=Fruit Group	28 A.M.=Vegetable Group P.M.=Grain Group	29
30	31 Memorial Day CLOSED					

June 2010 Snack Menu

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 Birthday Cake 	2 A.M.=Vegetable Group P.M.=Grain Group	3 A.M.=Grain Group P.M.=Fruit Group	4 A.M.=Vegetable Group P.M.=Grain Group	5
6	7 A.M.=Vegetable Group P.M.=Grain Group	8 A.M.=Grain Group P.M.=Fruit Group	9 A.M.=Vegetable Group P.M.=Grain Group	10 A.M.=Grain Group P.M.=Fruit Group	11 A.M.=Vegetable Group P.M.=Grain Group	12
13	14 A.M.=Vegetable Group P.M.=Grain Group	15 A.M.=Grain Group P.M.=Fruit Group	16 A.M.=Vegetable Group P.M.=Grain Group	17 A.M.=Grain Group P.M.=Fruit Group	18 A.M.=Vegetable Group P.M.=Grain Group	19
20 Father's Day 	21 Summer Solstice A.M.=Vegetable Group P.M.=Grain Group	22 A.M.=Grain Group P.M.=Fruit Group	23 A.M.=Vegetable Group P.M.=Grain Group	24 A.M.=Grain Group P.M.=Fruit Group	25 A.M.=Vegetable Group P.M.=Grain Group	26
27	28 A.M.=Vegetable Group P.M.=Grain Group	29 A.M.=Grain Group P.M.=Fruit Group	30 A.M.=Vegetable Group P.M.=Grain Group			

July 2010 Snack Menu

Menu subject to change without notice. Cooking project can occur any day of the week resulting in a snack change. All snacks include water unless otherwise noted

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 Birthday Cake 	2 A.M.=Vegetable Group P.M.=Grain Group	3
4 Independence Day 	5 CLOSED 	6 A.M.=Grain Group P.M.=Fruit Group	7 A.M.=Vegetable Group P.M.=Grain Group	8 A.M.=Grain Group P.M.=Fruit Group	9 A.M.=Vegetable Group P.M.=Grain Group	10
11	12 A.M.=Vegetable Group P.M.=Grain Group	13 A.M.=Grain Group P.M.=Fruit Group	14 A.M.=Vegetable Group P.M.=Grain Group	15 A.M.=Grain Group P.M.=Fruit Group	16 A.M.=Vegetable Group P.M.=Grain Group	17
18	19 A.M.=Vegetable Group P.M.=Grain Group	20 A.M.=Grain Group P.M.=Fruit Group	21 A.M.=Vegetable Group P.M.=Grain Group	22 A.M.=Grain Group P.M.=Fruit Group	23 A.M.=Vegetable Group P.M.=Grain Group	24
25	26 A.M.=Vegetable Group P.M.=Grain Group	27 A.M.=Grain Group P.M.=Fruit Group	28 A.M.=Vegetable Group P.M.=Grain Group	29 A.M.=Grain Group P.M.=Fruit Group	30 A.M.=Vegetable Group P.M.=Grain Group	31

August 2010 Snack Menu

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 Birthday Cake 	3 A.M.=Grain Group P.M.=Fruit Group	4 A.M.=Vegetable Group P.M.=Grain Group	5 A.M.=Grain Group P.M.=Fruit Group	6 A.M.=Vegetable Group P.M.=Grain Group	7
8	9 A.M.=Vegetable Group P.M.=Grain Group	10 A.M.=Grain Group P.M.=Fruit Group	11 A.M.=Vegetable Group P.M.=Grain Group	12 A.M.=Grain Group P.M.=Fruit Group	13 A.M.=Vegetable Group P.M.=Grain Group	14
15	16 A.M.=Vegetable Group P.M.=Grain Group	17 A.M.=Grain Group P.M.=Fruit Group	18 A.M.=Vegetable Group P.M.=Grain Group	19 A.M.=Grain Group P.M.=Fruit Group	20 A.M.=Vegetable Group P.M.=Grain Group	21
22	23 A.M.=Vegetable Group P.M.=Grain Group	24 A.M.=Grain Group P.M.=Fruit Group	25 A.M.=Vegetable Group P.M.=Grain Group	26 A.M.=Grain Group P.M.=Fruit Group	27 A.M.=Vegetable Group P.M.=Grain Group	28
29	30 A.M.=Vegetable Group P.M.=Grain Group	31 A.M.=Grain Group P.M.=Fruit Group				

September 2010 Snack Menu

Menu subject to change without notice. Cooking project can occur any day of the week resulting in a snack change. All snacks include water unless otherwise noted

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 Birthday Cake 	2 A.M.=Grain Group P.M.=Fruit Group	3 A.M.=Vegetable Group P.M.=Grain Group	4
5	6 Labor Day CLOSED 	7 A.M.=Grain Group P.M.=Fruit Group	8 A.M.=Vegetable Group P.M.=Grain Group	9 A.M.=Grain Group P.M.=Fruit Group	10 A.M.=Vegetable Group P.M.=Grain Group	11
12 Grandparent's Day 	13 A.M.=Vegetable Group P.M.=Grain Group	14 A.M.=Grain Group P.M.=Fruit Group	15 A.M.=Vegetable Group P.M.=Grain Group	16 A.M.=Grain Group P.M.=Fruit Group	17 A.M.=Vegetable Group P.M.=Grain Group	18
19	20 A.M.=Vegetable Group P.M.=Grain Group	21 Day of Peace A.M.=Grain Group P.M.=Fruit Group	22 A.M.=Vegetable Group P.M.=Grain Group	23 Autumn Begins A.M.=Grain Group P.M.=Fruit Group	24 A.M.=Vegetable Group P.M.=Grain Group	25
26	27 A.M.=Vegetable Group P.M.=Grain Group	28 A.M.=Grain Group P.M.=Fruit Group	29 A.M.=Vegetable Group P.M.=Grain Group	30 A.M.=Grain Group P.M.=Fruit Group		

October 2010 Snack Menu

Menu subject to change without notice. Cooking project can occur any day of the week resulting in a snack change. All snacks include water unless otherwise noted.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 Birthday Cake 	2
3	4 A.M.=Vegetable Group P.M.=Grain Group	5 A.M.=Grain Group P.M.=Fruit Group	6 A.M.=Vegetable Group P.M.=Grain Group	7 A.M.=Grain Group P.M.=Fruit Group	8 A.M.=Vegetable Group P.M.=Grain Group	9
10	11 Columbus Day A.M.=Vegetable Group P.M.=Grain Group	12 A.M.=Grain Group P.M.=Fruit Group	13 A.M.=Vegetable Group P.M.=Grain Group	14 A.M.=Grain Group P.M.=Fruit Group	15 A.M.=Vegetable Group P.M.=Grain Group	16
17	18 A.M.=Vegetable Group P.M.=Grain Group	19 A.M.=Grain Group P.M.=Fruit Group	20 A.M.=Vegetable Group P.M.=Grain Group	21 A.M.=Grain Group P.M.=Fruit Group	22 A.M.=Vegetable Group P.M.=Grain Group	23
24/31 Halloween 	25 A.M.=Vegetable Group P.M.=Grain Group	26 A.M.=Grain Group P.M.=Fruit Group	27 A.M.=Vegetable Group P.M.=Grain Group	28 Halloween Party 	29 CLOSED NEVADA DAY 	30

November 2010 Snack Menu

Menu subject to change without notice. Cooking project can occur any day of the week resulting in a snack change. All snacks include water unless otherwise noted

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 Birthday Cake 	2 Election Day A.M.=Grain Group P.M.=Fruit Group	3 A.M.=Vegetable Group P.M.=Grain Group	4 A.M.=Grain Group P.M.=Fruit Group	5 A.M.=Vegetable Group P.M.=Grain Group	6
7 Daylight Savings Time Ends 	8 A.M.=Vegetable Group P.M.=Grain Group	9 A.M.=Grain Group P.M.=Fruit Group	10 A.M.=Vegetable Group P.M.=Grain Group	11 CLOSED VETERANS' DAY 	12 A.M.=Vegetable Group P.M.=Grain Group	13
14	15 A.M.=Vegetable Group P.M.=Grain Group	16 A.M.=Grain Group P.M.=Fruit Group	17 A.M.=Vegetable Group P.M.=Grain Group	18 A.M.=Grain Group P.M.=Fruit Group	19 A.M.=Vegetable Group P.M.=Grain Group	20
21	22 A.M.=Vegetable Group P.M.=Grain Group	23 A.M.=Grain Group P.M.=Fruit Group	24 A.M.=Vegetable Group P.M.=Grain Group	25 CLOSED THANKSGIVING 	26 CLOSED FAMILY DAY 	27
28	29 A.M.=Vegetable Group P.M.=Grain Group	30 A.M.=Grain Group P.M.=Fruit Group				

December 2010 Snack Menu

Menu subject to change without notice. Cooking project can occur any day of the week resulting in a snack change. All snacks include water unless otherwise noted.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 Birthday Cake 	2 A.M.=Grain Group P.M.=Fruit Group	3 A.M.=Vegetable Group P.M.=Grain Group	4
5	6 A.M.=Vegetable Group P.M.=Grain Group	7 A.M.=Grain Group P.M.=Fruit Group	8 A.M.=Vegetable Group P.M.=Grain Group	9 A.M.=Grain Group P.M.=Fruit Group	10 A.M.=Vegetable Group P.M.=Grain Group	11
12	13 A.M.=Vegetable Group P.M.=Grain Group	14 A.M.=Grain Group P.M.=Fruit Group	15 A.M.=Vegetable Group P.M.=Grain Group	16 A.M.=Grain Group P.M.=Fruit Group	17 A.M.=Vegetable Group P.M.=Grain Group	18
19	20 A.M.=Vegetable Group P.M.=Grain Group	21 Winter Solstice A.M.=Grain Group P.M.=Fruit Group	22 A.M.=Vegetable Group P.M.=Grain Group	23 A.M.=Grain Group P.M.=Fruit Group	24 CHRISTMAS EVE PARTY 	25 CLOSED CHRISTMAS 
26	27 A.M.=Vegetable Group P.M.=Grain Group	28 A.M.=Grain Group P.M.=Fruit Group	29 A.M.=Vegetable Group P.M.=Grain Group	30 A.M.=Grain Group P.M.=Fruit Group	31 NEW YEARS EVE PARTY 	1 CLOSED 